



Morning Coffee

“A cup of coffee shared with a friend is happiness tasted and time well spent.”

- Anonymous

Join us for coffee and conversation any Thursday morning from 9:30 - 10:30 a.m.

First, we'll listen. Then we'll talk about how Adult Day Services at Oakland Centre can help you care for your loved one and help you find the time you need to care for yourself.

It will be time well spent.

ADULT DAY SERVICES

at



**OAKLAND
CENTRE**

Here for Life

2255 West Centre Avenue at Oakland Drive, Portage
(269)373-3200 | www.oaklandcentre.org